Opportunities and Challenges of Implementing a Medicaid Public Health Oral Health Delivery System

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Introduction and Overview

Minnesota will implement a Pilot Project to test a new system of delivering oral health care based on public health principles.

This presentation will:

- describe our proposed system and its current status
- identify the challenges and opportunities we've encountered in our work.



Background

- "The system is broken."
- DHS Dental Access Advisory Committee
- Everything is on the table
- RFP to design a new model
- Decision to pilot test



Minnesota's Current Dental Services Delivery Model

- DHS purchases dental care through nine managed care organizations + FFS
- 633,000 persons covered
- Services delivered in conventional fashion by community clinics and private dental practices
- Utilization rate stagnant: 42% in 2000; 40% in 2002; 41% in 2004



Pilot Project

- Purpose: Test a new oral health model that addresses the current system's barriers to access
- Two project areas: one urban, one rural
- Two year test period
- Evaluation will be conducted to determine whether to continue/expand

Proposed Oral Health Model

- Complete restructuring of care delivery, payment, access patterns, clinical guidelines
- Goals of project
 - Improve access
 - Improve patient outcomes
 - Increase value for the purchasing \$



Establish a Single Administrator

- Enroll FFS recipients & enrollees from any health plan
- DHS pays contact capitation to administrator
- Risk shared within a corridor
- One year enrollment lock-in
- Legislature appropriated \$150k for start up costs



Public Health Approach

- Emphasis on prevention
- Purchase comprehensive care, not units

Collaborative Practice Approach

- Community dental clinics
- Private dental practices
- New clinical practice opportunities for dental hygiene and dental assistant students
- Medical clinics

Use What Works

- Borrow promising concepts and strategies from other places. For example...
 - Connecticut's proposed school based Medicaid program
 - IHS clinic staffing patterns
 - Pennsylvania EFDAs
 - North Carolina's oral health prevention services in medical clinics

Make Medicaid More Attractive To Dentists

- Increase payment rates closer to market
- Reduce no-shows
- Reduce administrative burden

Reassign Workforce Roles

- Maximize use of the MN Dental Practice Act's new authority that allows extended functions for DAs and collaborative practice agreements for DHs
- Dentists provide restorative services

Create New Access Points

- Head Starts
- Schools
- LTC homes and facilities
- Medical clinics

Redirect Referral Patterns

- Preventive services provided primarily in community sites by non-dentists
- Restorative care provided by dentists in community clinics and private practices
- Respectful referrals: Patients requiring restorative care are referred to private dentists, like medical patients requiring specialty care are referred to medical specialists

Improve Patient Outcomes

- Each enrollee given an oral health assessment at time of enrollment
- "Help Center"
 - Organizes and coordinates provision of care
 - Tracks all enrollees, assures follow-through, supports patient compliance
 - Coordinates services (education, transportation, interpreters, daycare)
- Participating providers required to practice evidence-based care

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Challenges

- Square peg in a round hole: How to superimpose a completely different purchasing model over the existing ones.
- If we build it, will they come? (providers, patients, health plans)
- Quid pro quo: Will dentists trade some autonomy for greater compensation, lower administrative burden?
- Quid pro quo: Will patients trade conventional dental model for better access and outcomes?
- Simon says: Will CMS grant necessary waivers?



Current Status

- RFP being written
- Rates being calculated
- Waiver request being written
- Start up late 2006 -- early 2007